

# Quietly POWERFUL

Get your talents recognised and succeed  
on your own terms as a quieter professional

In a gentle way, you can  
shake the world

Mahatma Gandhi

*The Quietly Powerful Virtual Program is the first ever leadership and personal development program specifically designed for quieter professionals.*

Invest in the **QP Virtual Program** and you will:

- Learn strategies to stop being overlooked, under-valued, under-paid or faking it to get ahead.
- Gain practical tips such as speaking to contribute in meetings, promoting yourself while being authentic, handling people who are different to you and managing anxiety and inner critics.
- Build a confident presence, leveraging your authentic, quieter, natural strengths.
- Become the best version of yourself by accelerating the path to being quietly powerful.

Organisations will benefit from:

- Realising greater potential, performance, contribution and engagement from talented quieter professionals.
- Contributing to the Diversity and Inclusion goals in a new way, unlocking untapped potential.
- Leaders learning to get the best out of talented quieter professionals with different styles.

**Suitable for:**

Aspiring and already successful leaders who have a quieter style. They may:

- Be naturally quieter or not feel confident enough and feel they are held back, or
- Have adapted by acting more like an extrovert but would like to access their natural quieter qualities.

**What you get in the program over 16 weeks:**

- A series of online tools – videos, articles and worksheets for the topics, with weekly reminders. Approx. 60 min time investment per week.
- 7 x 60 minute virtual group coaching sessions to deepen the understanding of the topics, discuss questions and provide live coaching.
- Access to virtual group coaching session recordings for missed sessions.
- Use of the Facet 5 profiling tool to explore your innate and unique strengths and weaknesses.
- Connection with a small group of like-minded professionals from different organisations
- A 30 minute 1-1 virtual coaching session to discuss whatever the participant wishes to discuss.
- Optional extra 1-1 coaching for an additional fee.
- Access to the QP Members LinkedIn Group.

**Timing:**

Next program cohort is starting in May 2019. Virtual coaching sessions will be every 2-3 weeks, most likely at 6pm or 7pm on Tuesdays (Currently scheduled for: 14/5, 28/5, 11/6, 25/6, 16/7, 6/8, 20/8, Australian Eastern Standard Time.)

**Investment:**

Program fee: Early bird AU\$1,540 incl. GST until 18<sup>th</sup> April 2019, AU\$1,650 incl. GST until registration closing 10<sup>th</sup> May 2019

+AU\$550 for an optional extra 60 min 1-1 coaching

Register at <https://www.trybooking.com/426815>

Quietly Powerful Virtual Program



## Participant comments from Megumi's programs:

*"The powerful coaching process with Megumi allowed me to bring objectivity to not only how I may be perceived but also how I may perceive others. It assisted me to start accepting the things I cannot change and the courage of my conviction to change from a long established role to another one whereby I believe not only myself but the organisation I work for can greatly benefit."* Margaret, Company Secretary

*"I learned a lot about myself, stronger and more capable than I might have thought before"* Hil Mei, Customer Experience Specialist

*"From this program I saw possibility – what I thought was impossible is possible, even for a quieter person."* Helen, Senior Finance Manager

*"The program has made a significant difference to me. I learned how to use my quiet strengths at work. I feel more comfortable and confident in unfamiliar environments. I learned how to practice and manage my inner voice and remain calm. I can't speak highly enough of this course!!"* Renee, Business Analyst

*"I've learned to value my strengths and display more self-confidence. I have greater insight into my natural traits and how I can turn what others may perceive as weaknesses into differentiators."* Lorraine, IT Manager

*"You could be quiet, you can be yourself and still be powerful. I learned a lot about myself and self respect. It gave me confidence to move forward."* Yuko, Global Partnerships Advisor

## Quietly Powerful LinkedIn Group

Keep connected with like-minded professionals, grow and learn together with:

- Access to video recorded interviews with Quietly Powerful Leaders who share their tips for succeeding as a quieter professional.
- Access to carefully selected relevant resources, tools, research and reflections on key themes, insights, stories and past/future events.
- Opportunities to meet, connect and learn with professionals who face similar challenges without 'networking'.
- A place to share successes, lessons learned, ask questions, celebrate and support each other.
- Being part of a movement to expand the definition of good leadership – to include quieter, reflective and cooperative styles.

## About Megumi

Megumi is an author, speaker, facilitator and coach on leadership and culture. Megumi has over 20 years as an internal and external consultant to large corporations including National Australia Bank, ANZ Bank, Roche and Accenture as well as smaller for-profit, government and non-profit organisations. Her experience ranges from organisational development focusing on leadership and culture to strategy and business performance analysis. Her book, *Start Inspiring, Stop Driving: Unlock your team's potential to outperform and grow* and the concepts within have helped numerous leaders find practical ways to tap into the talents within their teams and organisations.

Having faced challenges as a quieter, Japanese female consultant, she has invested heavily in her personal and professional development over the last 15 years. She has undertaken and continues to work on her personal transformation with experts in the field to connect with the powers within. She is passionate about empowering people and groups of people on the 'outer' to have a voice. Her passion is underpinned by her belief that these quieter and marginalised voices are critical for individuals and organisations to innovate and evolve in a changing, volatile world and for solving the big challenges in the world today.

